



High School Lunch Menu

Week of September 16- 20

Monday						
	Meat Lover's Pizza ★	Grilled Cheese w/ Tomato Soup ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	California Roll Bowl	Side Salad Baby Carrots Broccoli Florets Fruit Cocktail Applesauce	
	Boneless Wings	★ Spicy Chicken Sandwich		Green Peas		
	Tuesday	White Pizza ★	Meatball Sub ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Pasta Bar	Side Salad Broccoli Florets Red Pepper Strips Diced Pears Applesauce
		Buffalo Chicken Grilled Cheese	★ Bacon Cheeseburger		Sliced Carrots	
Wednesday	White Pizza ★	Farm House Chicken Sandwich ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Nachos Bar	Side Salad Baby Carrots Cucumbers Grapes Applesauce	
	Supreme Artisan Pizza	★ Spicy Chicken Sandwich		Pinto Beans		
Thursday	White Pizza ★	Chicken Tenders w/ Breadstick ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Meatball Bread Cup	Side Salad Celery Sticks Grape Tomatoes Apple Slices Applesauce	
	Cheesy Breadsticks	★ Grilled Chicken Sandwich		Cauliflower		
Friday	Meat Lover's Pizza ★	Fish Sandwich w/ Mac N Cheese ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Pasta Bar	Side Salad Baby Carrots Cucumbers Diced Pears Applesauce	
	Mozzarella Sticks	★ Hot Dog		Steamed Broccoli		
Available Daily	Cheese & Pepperoni ★	Burgers ★ Chicken Sandwiches Chicken Nuggets/ Breadstick	MTO Deli MTO Panini MTO Grilled Cheese MTO Salad *10" Wrap ★ *12" Wrap	Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!	Apples Oranges Bananas	

Additionally Served:

Yogurt Parfaits Sandwiches
 Pudding Parfaits Premium Salads
 Wraps Pita/Veggie/Humus Kit

Regular Meal: \$2.45 ★

Premium Meal: \$3.70



High School Lunch Menu

Week of September 23- 27

Monday					
	Bacon Pizza ★	Donut Melt ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Iron Chef Glazed Ham Veggie Kabobs Hawaiian Roll <i>Green Beans</i>	Side Salad Baby Carrots Broccoli Florets Fruit Cocktail Applesauce
	Boneless Wings	★ <i>Spicy Chicken Sandwich</i>			
	White Pizza ★	Cheese Pizza Sticks ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Pasta Bar <i>Steamed Broccoli</i>	Side Salad Broccoli Florets Red Pepper Strips Diced Pears Applesauce
	Deep Dish Pizza	★ <i>Bacon Cheeseburger</i>			
Tuesday	White Pizza ★	General Tso's Chicken w/ Rice ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Nachos Bar <i>Corn</i>	Side Salad Baby Carrots Cucumbers Strawberries Applesauce
	Ranch Chicken Club Artisan Pizza	★ <i>Spicy Chicken Sandwich</i>			
Wednesday	White Pizza ★	Walking Taco ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Waffle Bar Featuring Birthday Cake Waffles	Side Salad Celery Sticks Grape Tomatoes Apple Slices Applesauce
	Meatball Calzone	<i>Grilled Chicken Sandwich</i> ★		<i>Black Beans</i>	
Thursday	Bacon Pizza ★	Chicken Mashed Potato Bowl ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Pasta Bar <i>Seasoned Carrots</i>	Side Salad Baby Carrots Cucumbers Diced Pears Applesauce
	Pretzel Nuggets Bowl w/ Cheese	<i>Hot Dog</i> ★			
Friday	Cheese & Pepperoni ★	Burgers ★	MTO Deli MTO Panini MTO Grilled Cheese MTO Salad	Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!	Apples Oranges Bananas
		Chicken Sandwiches Chicken Nuggets/ Breadstick	*10" Wrap ★ *12" Wrap		

Additionally Served:

- Yogurt Parfaits
- Pudding Parfaits
- Wraps
- Sandwiches
- Premium Salads
- Pita/Veggie/Humus Kit

Regular Meal: \$2.45 ★

Premium Meal: \$3.70

